

BWI Marshall Rated Healthiest U.S. Airport

Physicians Committee for Responsible Medicine Ranks BWI Marshall Number One for Healthy Meals

Baltimore/Washington International Thurgood Marshall Airport was rated the best U.S. airport for healthful meal options by the Physicians Committee for Responsible Medicine. The PCRM's 2014 Airport Food Review, released today, found that 92 percent of BWI Marshall restaurants serve at least one nutritious option for travelers.

"We continue to emphasize nutritious menu choices for our passengers," said Paul J. Wiedefeld, Chief Executive Officer of BWI Marshall. "This study affirms our commitment to customer service and to providing a diverse selection of healthy food options for our travelers. Most BWI Marshall restaurants offer fresh, natural, and healthy meal choices."

BWI Marshall was also highlighted by the PCRM 2014 Airport Food Review as the most improved airport this year, tied with Newark Liberty International Airport. Last year, BWI Marshall was tied for fourth place in the PCRM survey.

The PCRM 2014 Airport Food Review specifically highlighted several restaurants at BWI Marshall. Nutritious menu items in the BWI Marshall concessions program are part of an ongoing commitment by the Airport to offer healthy lifestyle choices for passengers and employees.

This year, BWI Marshall introduced a pilot bike share program for passengers, Airport employees, and local residents. In 2013, BWI Marshall worked with the American Heart Association to introduce the BWI Cardio Trail, two marked walking paths inside the Airport terminal. The marked paths provide travelers with a new option for exercise while waiting for flights. BWI Marshall also offers a 12.5 mile scenic outdoor trail that encircles the Airport property. The BWI Trail is an outstanding recreational resource for travelers, visitors, and local residents. BWI Marshall was the first major U.S. airport to offer a dedicated hiker / biker trail.

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